



# A Surgeon General's Report on the Impact of Race, Ethnicity, and Culture on Mental Illness

**Premiere Date: Wednesday, Aug. 18, 2004**

**LIVE Broadcast: 12:00–1:00 p.m. ET**

**Taped Re-Air: 3:00–4:00 p.m. ET**

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- Pharmacists (CPE)

## FACULTY

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## Viewing location (if site-facilitated):



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PVA

☐ **YES! Register me for this LIVE evidence-based psychCME TV activity on August 18, 2004.**

Site/Individual Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Degree: \_\_\_\_\_ Practice Setting: ☐ Community Mental Health ☐ State Mental Health  
☐ Private Practice ☐ Primary Care ☐ Other: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Ed'l Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

## Statement of Need

The benefits of ongoing medical advances are often denied to patient populations whose access to care is limited due to race, ethnicity, education, and other socioeconomic parameters. This is especially true with regard to mental health services, where suboptimal care may result from stigma and metabolically mediated differences in response to treatment, especially among underserved populations. Furthermore, a recent study identified "cumulative adversity" as a risk factor for developing a depressive or anxiety disorder, and looked at its prevalence among specific ethnic groups. How can clinicians address and surmount these and other challenges posed by race and ethnicity? In this evidence-based psychCME TV activity, the experts will frame the societal, metabolic, racial, and ethnic issues that affect the optimal treatment of mental illness.

## Activity Goal

To identify and synthesize the impact of race and ethnicity in the delivery of optimal mental health care.

## Learning Objectives

At the end of this CE activity, participants should be able to:

- Identify cultural, racial, and ethnic differences in perception of mental illness, diagnosis, access to treatment, and drug metabolism.
- Describe risk factors for mental illness associated with racial and ethnic characteristics.
- Utilize a multidisciplinary treatment team interface to foster optimal treatment of mental illness in underserved populations.

## Target Audience

Physicians, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals with an interest in mental health.

## Commercial Support

CME Outfitters, LLC, gratefully acknowledges an educational grant from Wyeth Pharmaceuticals in support of this CE activity.

## Credit Information

**CME Credit (Physicians):** CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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Universal Program Number:  
376-999-04-024-L01 (live presentation)  
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To receive credit, participants must review all activity materials in their entirety, score 70% or above on a post-test, and fully complete and return both the credit request form and activity evaluation. A certificate or statement of credit will be mailed to all who successfully complete these requirements.

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